

# Confidential Health Information Questionnaire

This information is needed so we can better serve you. Please fill in ALL portions of the form if you need assistance please ask our receptionist, and we will be happy to have our Patient Services Representative help you.

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth \_\_\_\_\_

SSN: \_\_\_\_\_ Marital Status:  Single  Married  Divorced  Widowed

Occupation: \_\_\_\_\_ Employed By: \_\_\_\_\_

Work #: \_\_\_\_\_ Work Address \_\_\_\_\_

Is your visit due to an accident?  Yes  No

Are you a Medicare patient?  Yes  No If Yes, Medicare # \_\_\_\_\_

Your Spouse's Name \_\_\_\_\_

Spouse's Employer: \_\_\_\_\_ Spouse's Work #: \_\_\_\_\_

## In Case of Emergency

Name of person to contact: \_\_\_\_\_

Their Home and Work #: \_\_\_\_\_

Name of Nearest Relative (Not Living With You) \_\_\_\_\_

Their # \_\_\_\_\_

Who referred you to our office so we may thank them? \_\_\_\_\_

Referring Physician: \_\_\_\_\_

**THERE WILL BE NO CHARGED SERVICES WITHOUT YOUR INFORMED CONSENT.**

I attest that the above information is true and correct to the best of my knowledge. I further understand that any charges incurred by me in this office are my sole responsibility, despite any insurance plan, legal involvement, or settlement.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Please complete the information on the opposite back. Thank you!

# Insurance Coverage Information

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## Medical Insurance

Insurance Carrier: \_\_\_\_\_ Phone: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Policy #: \_\_\_\_\_

Group Number: \_\_\_\_\_

## Workers Compensation Injury

Employer: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Was injury/accident reported to supervisor:  Yes  No Date: \_\_\_\_\_ Time: \_\_\_\_\_

Workers Comp Carrier: \_\_\_\_\_ Policy#: \_\_\_\_\_

Carriers Phone: \_\_\_\_\_ Adjuster: \_\_\_\_\_

Claim Number: \_\_\_\_\_

## Auto/Personal Injury

Do you have a "Med Pay" on your Auto Policy: Yes/No Amount: \$ \_\_\_\_\_

Insurance Carrier Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Adjuster: \_\_\_\_\_ Claim #: \_\_\_\_\_

## Third Party Payer (Other Involved Vehicle Insurance)

Third Party (Person at Fault) Name: \_\_\_\_\_

Their #: \_\_\_\_\_ Their Insurance Carrier: \_\_\_\_\_

Their Insurance Carrier #: \_\_\_\_\_

Adjuster: \_\_\_\_\_ Claim # \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Family History

Patient Name: \_\_\_\_\_

Please indicate if anyone in your immediate family has had any of the following. (DO NOT INCLUDE YOURSELF)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Neurological Disease    |
| <input type="checkbox"/> Thyroid Dysfunction  | <input type="checkbox"/> Hepatitis             | <input type="checkbox"/> Musculoskeletal Disease |
| <input type="checkbox"/> Kidney Disease       | <input type="checkbox"/> Aids/Venereal Disease | <input type="checkbox"/> Mental Disorder         |
| <input type="checkbox"/> High/Low BP          | <input type="checkbox"/> Arthritis             | <input type="checkbox"/> Other: _____            |
| <input type="checkbox"/> Atherosclerosis      | <input type="checkbox"/> Asthma                | <input type="checkbox"/> Other: _____            |
| <input type="checkbox"/> Heart Disease/Stroke | <input type="checkbox"/> Tuberculosis          | <input type="checkbox"/> Other: _____            |

Please check if you have or have ever had any of the following.

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Nervousness                 | <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Sinus Trouble              |
| <input type="checkbox"/> Irritability                | <input type="checkbox"/> Hypoglycemia          | <input type="checkbox"/> Wheezing/Asthma            |
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Allergies _____       | <input type="checkbox"/> Emphysema                  |
| <input type="checkbox"/> Fatigue                     | <input type="checkbox"/> Heart Disease/Stroke  | <input type="checkbox"/> Generally feeling run-down |
| <input type="checkbox"/> Thyroid Dysfunction         | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Inadequate Exercise        |
| <input type="checkbox"/> Weight Gain _____ lbs.      | <input type="checkbox"/> Skin Problems         | <input type="checkbox"/> Vomiting/Nausea            |
| <input type="checkbox"/> Weight Loss _____ lbs.      | <input type="checkbox"/> AIDS/Venereal Disease | <input type="checkbox"/> Difficulty Swallowing      |
| <input type="checkbox"/> Loss of Sleep _____ hrs/day | <input type="checkbox"/> Hepatitis             | <input type="checkbox"/> Ulcers                     |
| <input type="checkbox"/> Coffee _____ cups/day       | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Indigestion/Heartburn      |
| <input type="checkbox"/> Cigarettes _____ packs/day  | <input type="checkbox"/> Alcohol/Drug Abuse    | <input type="checkbox"/> Hernia                     |
| _____ years  |  |   |
| <input type="checkbox"/> High / Low Blood Pressure   | <input type="checkbox"/> Anemia                | <input type="checkbox"/> Constipation               |
| <input type="checkbox"/> Vertigo                     | <input type="checkbox"/> Gallbladder Problem   | <input type="checkbox"/> Hemorrhoids                |
| <input type="checkbox"/> Kidney Problems             | <input type="checkbox"/> Other _____           | <input type="checkbox"/> Other _____                |

### Women Only

Menstrual Pain Where? \_\_\_\_\_

- Cramping
- Irregularity
- Cycle \_\_\_\_\_ days
- Birth Control
- Type? \_\_\_\_\_
- Hysterectomy

### Men Only

Urinating Frequently

- Discharge
- Tumor
- Abortion
- Menopause
- When? \_\_\_\_\_
- Are you Pregnant?
- Difficulty Starting Urination
- Night Urination
- Burning Urination
- Dribbling Urination
- Prostate Pain / Swelling
- Inability to Achieve Erection



Thank you for trusting us with your health. We consider it an honor and a privilege to treat you and your family and friends. We look forward to helping you achieve lifelong health and well being. Remember, your health is a contract between you and your doctor.

**In order to achieve your health goals, please answer the following statements.**

**How willing are you to:**

Significantly modify your diet	5	4	3	2	1
Take nutritional supplements every day	5	4	3	2	1
Keep a record of everything you eat each day	5	4	3	2	1
Modify your lifestyle (work demands, sleep habits)	5	4	3	2	1
Practice relaxation techniques	5	4	3	2	1
Engage in regular exercise	5	4	3	2	1
Have periodic lab tests to assess progress	5	4	3	2	1
Follow the doctor's recommended treatment plan	5	4	3	2	1
Keep scheduled appointments as much as possible	5	4	3	2	1

Comments: \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Present Complaints (Please Circle Any That Apply)

Headache	Feet/Hand Cold	Head Seems Heavy	Upper Back Stiffness
Mental Dullness	Depression	Confusion	Mid Back Stiffness
Loss of Memory	Loss of Smell	Pins/Needles in Arms Right /Left	Lower Back Stiffness
Dizziness	Loss of Taste	Pins/Needles in Hands Right/Left	Neck Stiffness
Nervousness	Constipation	Pins/Needles in Legs Right/Left	Neck Pain
Fainting	Diarrhea	Unbalanced Chest Pain	Upper Back Pain
Shortness of Breath	Tension	Rib Pain	Mid Back Pain
Eye Strain/Pain	Blurred Vision	Neck Restriction	Low Back Pain
Fear	Irritability	Double Vision	Ear(s) Ringing

Difficulty in:  Standing  Sitting  Bending  Walking

Pain Radiation to the:  Right Arm  Left Arm  Right Leg  Left Leg

Neck  Base of Skull  Ribs  Shoulders

Pain in the:  Foot  Ankle  Knee  Hip  Heel Spurs

Other: \_\_\_\_\_

Since the time this/these complaint(s) began, what, if anything have you tried that **did not** work? \_\_\_\_\_

Has the problem interrupted your sleep? Yes / No How? \_\_\_\_\_

Does anyone in your family have the same or similar condition Yes / No Who? \_\_\_\_\_

List any doctors or therapists that you have seen for this complaint:

1. \_\_\_\_\_ Specialty \_\_\_\_\_

2. \_\_\_\_\_ Specialty \_\_\_\_\_

Relevant Medical History: (please circle the conditions **you have or had previously**)

Arthritis	Concussion	Epilepsy	Hepatitis	Muscular Dystrophy	Rheumatic Fever
Asthma	Convulsion	Fibromyalgia	High Blood Pressure	Neck Pain/Spasms	Sinus Trouble
Anemia	Diabetes	Hand/Wrist Pain	HIV	Neuritis	Sciatica
Back Pain/Spasm	Digestion Problems	Headaches	Measles	Numbness	TB
Cancer	Dizziness	Heart Problems	Multiple Sclerosis	Polio	Venereal Disease

Please complete the information on the opposite side. Thank You!

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Present Complaints

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List any operations that you've had and approximate dates:

1. \_\_\_\_\_ Date: \_\_\_\_\_ Dr: \_\_\_\_\_
2. \_\_\_\_\_ Date: \_\_\_\_\_ Dr: \_\_\_\_\_
3. \_\_\_\_\_ Date: \_\_\_\_\_ Dr: \_\_\_\_\_
4. \_\_\_\_\_ Date: \_\_\_\_\_ Dr: \_\_\_\_\_

Are you allergic to any medications? Please List: \_\_\_\_\_

Are you taking any medication? Please List: \_\_\_\_\_

Do you wear Orthotics (Shoe Inserts)? Yes / No Type: \_\_\_\_\_

Are you Pregnant? Yes / No Due Date: \_\_\_\_\_

Do you: Smoke: Yes / No Amount per day: \_\_\_\_\_

Drink: Yes / No Light Medium Heavy

Exercise: Never Sometimes Frequently Regularly

### Please Check The Type of Care Desired

Temporary Relief

Nutrition

Total Health Care

Herbs / Acupuncture

Control of immediate Problem

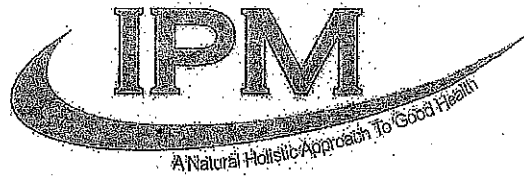
I prefer the doctor to select the  
type of care desired

Does anyone in your family have a similar health related problem? Yes / No

Who: \_\_\_\_\_ What Condition: \_\_\_\_\_

Care they are receiving: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Financial Agreement

Initials	#	Policy
	1	<b>Information</b> — You agree to provide your correct name, current and correct address, phone number, email, insurance information, social security number and driver's license or picture identification at the time of registration.
	2	<b>Financial Responsibility</b> —You accept financial responsibility for all charges for services rendered to you. If a minor or other persons are under a guardianship, the parent or guardians accompanying the patient assumes this liability.
	3	<b>Self Pay</b> —All payments are expected at the time of service or by an authorized payment plan. Our payment plans make care an affordable part of your family budget. Failure to keep current with your payment plan may cause termination of care.
	4	<b>Insurance</b> —All deductibles, co-payments and co-insurance are expected at the time of service. You are considered a cash patient until you bring all of your insurance information.
	5	<b>Slow Insurance Response</b> —You agree that if your insurance company takes more than 60 days to respond to your insurance claim, that we shall consider your services your financial responsibility and it will be your responsibility to seek reimbursement from your insurance company.
	6	<b>Payment Methods</b> — We accept cash, check and several major credit cards.
	7	<b>Collections</b> — Any unpaid balances will be placed for collections, with an agency or with an attorney. All collection costs, attorney fees, and court costs will be added to the total amount due. Anything over 120 days we reserve the right to apply a 2% interest charge.  <b>No New Appointment, medication refills or medical record information will be allowed or released until the account is up to date.</b>
	8	<b>Forms Fees and Medical Records</b> — There is a charge for copies of medical records including FMLA, immigration, disability or any other government forms, charges may vary.
	9	<b>Appointment and No Show Fees</b> — Our office will schedule appointments as a common courtesy for patients and in consideration of your time. We require a minimum of 24 hours ( or the Friday before a Monday appointment) notice of cancellation as a courtesy to other patients seeking services. <b>A no show fee of \$50 will be charged.</b> If you are scheduled for a procedure or minor surgery you will be charged the total amount of that day of service. New patients will be charged the total office charge for the day.
	10	<b>Patient Discharge</b> — <u>This practice reserves the right to discharge a patient for any reason. Please note that discharges may occur for failure to meet your obligations under this document. In addition, because of care quality consideration, this practice may discharge you for failure to comply with treatment plan(s) as outlined by your practitioner.</u>

**Patient Signature** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Witness/PAR** \_\_\_\_\_

**Date:** \_\_\_\_\_



**Patient Consent Form**

The Department of Health and Human Services has established a "Privacy Rule" to help insure that the health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain the patients' consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. When it is appropriate and necessary, we provide the minimum necessary information to only those we feel are in need of health care information and information about treatment, payment or health care operations, in order to provide health care that is in your best interest.

We also want you to know that we support your full access to your personal medical records. We may have indirect treatment relations with you (such as laboratories that only interact with physician and not patients), and may have to disclose personal health information for purposes of treatment, payment, or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of our personal health information, but this must be in writing. Under this Law, we have the right to refuse to treat you, should you choose to refuse to disclose your Personal Health Information (PHI). If you choose to give consent in this document, at some suture time you may request to refuse all or part of your PHI. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer.

You have the right to review our privacy notice, to request restrictions and revoke consent in writing after you have reviewed our privacy notice.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**COMPLIANCE ASSURANCE NOTIFICATION FOR OUR PATIENTS'**

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To our valued patients:

The misuse of Personal Health Information (PHI) has been identified as a national problem causing our patients inconvenience, aggravation, and money. We want you to know that all of our employees, managers, and doctors continually undergo training so that they may understand and comply with government rules and regulations regarding the Health Insurance Portability and Accountability Act (HIPAA) with particular emphasis on the "Privacy Rule." We strive to achieve the highest standards of ethics and integrity in performing services for our patients.

It is our policy to properly determine appropriate use of PHI in accordance with the governmental rules, law and regulations. We want to ensure that our practice never contributes in any way to the growing problem of improper disclosure of PHI. As a part of this plan, we have implemented a compliance program that we believe will help us prevent any inappropriate use of PHI.

We also know that we are not perfect. Because of this fact, our policy is to listen to our employees and our patients without any thought of penalization if they feel that an event in any way compromises our policy of integrity. More so, we welcome your input regarding any service problem so that we may remedy the situation promptly.

Thank you for being one of our highly valued patients.



## Interventional Pain Management

Patient Consent—Assignment of Benefits—Release of Information

Patient Name \_\_\_\_\_ SSN \_\_\_\_\_

Insurance Company \_\_\_\_\_ Phone Number \_\_\_\_\_

Member Name \_\_\_\_\_ Id# \_\_\_\_\_ Grp# \_\_\_\_\_

### Patient Consent:

I hereby authorize the providers and staff to perform such services as deemed medically necessary by the physician to diagnose and treat my condition(s). I understand the physician may find it necessary to perform diagnostic testing that may cause some mild discomfort. Because the doctor orders the necessary tests to increase the accuracy of my diagnosis and guide my continued care and treatment, I hereby authorize the performance of the necessary tests.

Patient Initials: \_\_\_\_\_

I hereby give **Interventional Pain Management** permission to leave messages on my answering machine or voicemail, regarding my appointments or account information, if I am not home.

Patient Initials: \_\_\_\_\_

### Assignment of Benefits:

I hereby assign to **Interventional Pain Management 4338 Morsay Drive Lower Level, Rockford, IL, 61107**, ("Provider") all my rights and benefits under the above referenced policy ("the policy") and direct the above stated Insurance Company to pay Provider directly, at the above address by check made to **Interventional Pain Management** any benefits due under the policy for any and all medical services or the like performed on my behalf by provider.

If the above Insurance Company prohibits direct payment to **Interventional Pain Management**, THEN I HEREBY INSTRUCT AND DIRECT the above named Insurance Company to ISSUE ALL CHECKS FOR PAYMENT OF SERVICES TO MYSELF AND PROVIDER AS A CO-PAYEES, and further grant to **Interventional Pain Management** the full power to endorse said check. If I received payments due to **Interventional Pain Management**, it is my obligation to remit the same amount to **Interventional Pain Management**.

THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY.

The payment to **Interventional Pain Management** shall not exceed my indebtedness to provider, and I further agree to pay in full in a very timely manner, ANY AND ALL OF ANY BALANCE DUE TO PROVIDER and not paid by insurer.

Patient Initials: \_\_\_\_\_

### Release of Information:

I hereby authorize the release of medical records necessary to process this claim. I also hereby authorize my insurance carrier(s) to release all information requested by **Interventional Pain Management**. I agree to provide ANY and ALL relevant information requested. I also authorize the RELEASE of any and all information pertinent to my case to ANY INSURANCE COMPANY, ADJUSTOR OR ATTORNEY involved in this case.

Patient Initials: \_\_\_\_\_

A PHOTOCOPY, FACSIMILE AND/OR NCR COPY OF THIS ASSIGNMENT SHALL BE CONSIDERED AS EFFECTIVE AND VALID AS THE ORIGINAL.

MY SIGNATURE BELOW ATTESTS THAT I HAVE READ AND FULLY UNDERSTAND THIS AGREEMENT.

SIGNATURE of Patient/Claimant: \_\_\_\_\_ Date: \_\_\_\_\_

SIGNATURE of Witness: \_\_\_\_\_ Date: \_\_\_\_\_



### Authorization to Share Information

\_\_\_\_\_ I give my permission to disclose medical information pertaining to my treatment and progress to my primary care physician listed below.

\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City                      State                      Zip

\_\_\_\_\_  
Phone Number

\_\_\_\_\_ I do not wish to disclose any of my medical information with my primary care physician.

Patient/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# BALANCING BODY CHEMISTRY HEALTH ASSESSMENT Balancing Body Chemistry



Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Patient's Health Professional: \_\_\_\_\_

## PART I

Circle any of the following medications you are taking:

- |                          |                               |                      |                     |
|--------------------------|-------------------------------|----------------------|---------------------|
| Antacids                 | Cortisone/Anti-Inflammatories | Lithium              | Ulcer Medications   |
| Chemotherapy             | Laxatives                     | Thyroid              | Aspirin/Tylenol     |
| Hormones                 | Recreational Drugs            | Antidiabetic/Insulin | High Blood Pressure |
| Relaxants/Sleeping Pills | Antidepressants               | Heart Medications    | Radiation           |
| Antibiotic/Antifungal    | Diuretics                     | Oral Contraceptives  | Other _____         |

Circle if you eat, drink, or use:

- |                 |                               |                     |                                |
|-----------------|-------------------------------|---------------------|--------------------------------|
| Alcohol         | Fluoridated/Chlorinated Water | Refined Sugars      | Milk Products                  |
| Distilled Water | Margarine                     | Vitamins & Minerals | Coffee                         |
| Luncheon Meats  | Chewing Tobacco               | Specify _____       | Refined (White) Flour Products |
| Non-Herbal Teas | Carbonated Beverages          | Cigarettes          | Artificial Sweeteners          |
| Candy           | Eat Fast Foods Regularly      | Fried Foods         |                                |

Circle if you:

- |                                 |                              |                            |
|---------------------------------|------------------------------|----------------------------|
| Diet Often                      | Exposed to chemicals at work | Under excessive stress     |
| Exercise less than 3 times wkly | Salt food w/o tasting        | Exposed to cigarette smoke |

### DIRECTIONS:

Please read each description and **darken** the number which best describes the frequency of your symptoms within the past year. If you do not understand a symptom, put a **0** before the symptom's number.

KEY: 0 = Never      1 = Mild (Occurs once a month or less)      2 = Moderate (Occurs several times monthly)      3 = Severe (Aware of it almost constantly)

## PART II

### IMPORTANT

Dear Patient, Please list your five major health concerns in order of importance:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### Section C:

- |  |   |   |   |   |
|--|---|---|---|---|
| 24. Coated tongue or "fuzzy" debris on tongue .....                                  | 0 | 1 | 2 | 3 |
| 25. Pass large amounts of foul smelling gas .....                                    | 0 | 1 | 2 | 3 |
| 26. Irritable bowel or mucous colitis .....  | 0 | 1 | 2 | 3 |
| 27. Constipation, diarrhea alternating or stools alternate from soft to watery ..... | 0 | 1 | 2 | 3 |
| 28. Bowel movements painful or difficult, constipation, and/or laxatives used .....  | 0 | 1 | 2 | 3 |
| 29. Burning or itching anus .....  | 0 | 1 | 2 | 3 |

### CATEGORY II

- |   |   |   |   |   |
|---|---|---|---|---|
| 30. Head congestion/"sinus fullness" .....                            | 0 | 1 | 2 | 3 |
| 31. Sneezing attacks .....  | 0 | 1 | 2 | 3 |
| 32. Dreaming, nightmare-like bad dreams .....                         | 0 | 1 | 2 | 3 |
| 33. Milk products and/or wheat products cause distress .....          | 0 | 1 | 2 | 3 |
| 34. Eyes and nose watery .....  | 0 | 1 | 2 | 3 |
| 35. Eyes swollen and puffy .....                                      | 0 | 1 | 2 | 3 |
| 36. Pulse speeds after meals and/or heart pounds after retiring ..... | 0 | 1 | 2 | 3 |

## PART III

### CATEGORY I Section A:

- |  |   |   |   |   |
|--|---|---|---|---|
| 1. Bad breath, halitosis .....   | 0 | 1 | 2 | 3 |
| 2. Loss of taste for high protein foods (meat, etc.) .....                           | 0 | 1 | 2 | 3 |
| 3. Burning ("acid") or nervous stomach, eating relieves .....                        | 0 | 1 | 2 | 3 |
| 4. Gas shortly after eating .....  | 0 | 1 | 2 | 3 |
| 5. Indigestion 1/2 to 1 hour after eating, may last 3-4 hours .....                  | 0 | 1 | 2 | 3 |
| 6. Difficulty digesting fruits or vegetables; undigested foods found in stools ..... | 0 | 1 | 2 | 3 |
| 7. Acid or spicy foods upset stomach .....   | 0 | 1 | 2 | 3 |

### Section B:

- |   |   |   |   |   |
|---|---|---|---|---|
| 8. Lower bowel gas and or bloating several hours after eating .....           | 0 | 1 | 2 | 3 |
| 9. Feet burn .....  | 0 | 1 | 2 | 3 |
| 10. "Whites" of eyes (sclera) yellow .....                                    | 0 | 1 | 2 | 3 |
| 11. Dry skin, itchy feet and/or skin peels on feet .....                      | 0 | 1 | 2 | 3 |
| 12. Brown spots or bronzing of skin .....                                     | 0 | 1 | 2 | 3 |
| 13. Bitter metallic taste in mouth .....                                      | 0 | 1 | 2 | 3 |
| 14. Blurred vision .....  | 0 | 1 | 2 | 3 |
| 15. Headache over eyes .....  | 0 | 1 | 2 | 3 |
| 16. Feel nauseous, queasy or gag easily .....                                 | 0 | 1 | 2 | 3 |
| 17. Color of stools light brown or yellow .....                               | 0 | 1 | 2 | 3 |
| 18. Greasy or high fat foods cause distress .....                             | 0 | 1 | 2 | 3 |
| 19. Pain between shoulder blades .....  | 0 | 1 | 2 | 3 |
| 20. Dark circles under eyes .....   | 0 | 1 | 2 | 3 |
| 21. "Acid" breath .....   | 0 | 1 | 2 | 3 |
| 22. History of gallbladder attacks or gallstones OR gallbladder removed ..... | 0 | 1 | 2 | 3 |
| 23. Appetite reduced .....  | 0 | 1 | 2 | 3 |

### CATEGORY III Section A:

- |   |   |   |   |   |
|---|---|---|---|---|
| 37. Crave sweets or coffee in afternoon or mid-morning .....        | 0 | 1 | 2 | 3 |
| 38. Hungry between meals or excessive appetite .....                | 0 | 1 | 2 | 3 |
| 39. Overeating sweets upsets .....                                  | 0 | 1 | 2 | 3 |
| 40. Eat when nervous .....  | 0 | 1 | 2 | 3 |
| 41. Irritable before meals .....                                    | 0 | 1 | 2 | 3 |
| 42. Get "shaky" or light-headed if meals delay .....                | 0 | 1 | 2 | 3 |
| 43. Fatigue, eating relieves .....                                  | 0 | 1 | 2 | 3 |
| 44. Heart palpitates if meals missed or delayed .....               | 0 | 1 | 2 | 3 |
| 45. Awaken a few hours after sleep, hard to get back to sleep ..... | 0 | 1 | 2 | 3 |

### Section B:

- |   |     |    |   |   |
|---|-----|----|---|---|
| 46. Muscle soreness after moderate exercise .....                         | 0   | 1  | 2 | 3 |
| 47. Vulnerability to insect bites (especially fleas and mosquitoes) ..... | 0   | 1  | 2 | 3 |
| 48. Loss of muscle tone or "heaviness" in arms or legs .....              | 0   | 1  | 2 | 3 |
| 49. Enlarged heart and/or heart failure .....                             | 0   | 1  | 2 | 3 |
| 50. Worrier, feel insecure and/or highly emotional .....                  | 0   | 1  | 2 | 3 |
| 51. Pulse slow/below 65 or irregular pulse .....                          | Yes | No |   |   |

**PART III (Continued)**

**CATEGORY IV**

**Section A:**

52. Sex drive increased .....	0	1	2	3
53. "Splitting" type headaches .....	0	1	2	3
54. Memory failing .....	0	1	2	3
55. Tolerance for sugar reduced .....	0	1	2	3

**Section B:**

56. Sex drive reduced or absent .....	0	1	2	3
57. Abnormal thirst .....	0	1	2	3
58. Weight gain around hips or waist .....	0	1	2	3
59. Tendency to ulcers or colitis .....	0	1	2	3
60. Increased ability to eat sugar without symptoms .....	0	1	2	3
61. Menstrual disorders (women) .....	0	1	2	3
62. Lack of menstruation (young girls) .....	0	1	2	3

**Section C:**

63. Difficulty gaining weight, even if large appetite .....	0	1	2	3
64. Heart palpitations .....	0	1	2	3
65. Nervous, emotional, and/or can't work under pressure .....	0	1	2	3
66. Insomnia .....	0	1	2	3
67. Inward Trembling .....	0	1	2	3
68. Night Sweats .....	0	1	2	3
69. Fast pulse at rest .....	0	1	2	3
70. Intolerant to high temperatures .....	0	1	2	3
71. Easily flushed .....	0	1	2	3

**Section D:**

72. Difficulty losing weight .....	0	1	2	3
73. Reduced initiative and/or mental sluggishness .....	0	1	2	3
74. Easily fatigued, sleepy during the day .....	0	1	2	3
75. Sensitive to cold, poor circulation (cold hands and feet) .....	0	1	2	3
76. Dry or scaly skin .....	0	1	2	3
77. "Ringing" in ears/noises in head .....	0	1	2	3
78. Hearing impaired .....	0	1	2	3
79. Constipation .....	0	1	2	3
80. Excessive falling hair and/or coarse hair .....	0	1	2	3
81. Headaches when awaken/wear off during day .....	0	1	2	3

**Section E:**

82. Blood pressure increased .....	0	1	2	3
83. Headaches .....	0	1	2	3
84. Hot flashes .....	0	1	2	3
85. Hair growth on face or body (Question to females) .....	0	1	2	3
86. Masculine tendencies (Question to females) .....	0	1	2	3

**Section F:**

87. Blood pressure low .....	0	1	2	3
88. Crave salt .....	0	1	2	3
89. Chronic fatigue/get drowsy .....	0	1	2	3
90. Afternoon yawning .....	0	1	2	3
91. Weakness/dizziness .....	0	1	2	3
92. Weakness after colds/slow recovery .....	0	1	2	3
93. Circulation poor .....	0	1	2	3
94. Muscular and nervous exhaustion .....	0	1	2	3
95. Subject to colds, asthma, bronchitis (respiratory disorders) .....	0	1	2	3
96. Allergies and/or hives .....	0	1	2	3
97. Difficulty maintaining manipulative correction .....	0	1	2	3
98. Arthritic tendencies .....	0	1	2	3
99. Nails weak, ridged .....	0	1	2	3
100. Perspire easily .....	0	1	2	3
101. Slow starter in morning .....	0	1	2	3
102. Afternoon headaches .....	0	1	2	3

**CATEGORY V**

**Section A:**

103. Frequent skin rashes and/or hives .....	0	1	2	3
104. Muscle-leg-toe cramping at rest and/or while sleeping .....	0	1	2	3
105. Fever easily raised/fevers common .....	0	1	2	3
106. Crave Chocolate .....	0	1	2	3
107. Feet have bad odor .....	0	1	2	3
108. Hoarseness frequent .....	0	1	2	3
109. Difficulty swallowing .....	0	1	2	3
110. Joint stiffness after rising .....	0	1	2	3
111. Vomiting frequent .....	0	1	2	3
112. Tendency to anemia .....	0	1	2	3
113. "Whites" of eyes (sclera) blue .....	0	1	2	3
114. "Lump" in throat .....	0	1	2	3
115. Dry mouth-eyes-nose .....	0	1	2	3
116. White spots on finger nails .....	0	1	2	3
117. Cuts heal slowly and/or scar easily .....	0	1	2	3
118. Reduced or "lost" sense of taste and/or smell .....	0	1	2	3
119. Susceptible to colds, fevers, and/or infections .....	0	1	2	3
120. Strong light irritates eyes .....	0	1	2	3
121. Noises in head or ringing in ears .....	0	1	2	3
122. Burning sensations in mouth .....	0	1	2	3
123. Numbness in hands and feet (extremities "go to sleep") .....	0	1	2	3
124. Intolerant to monosodium glutamate (MSG) .....	Yes	No		
125. Cannot recall dreams .....	0	1	2	3
126. Nose bleeds frequent .....	0	1	2	3
127. Bruise easily, "black and blue" spots .....	0	1	2	3
128. Muscle cramps, worse with exercise ("charley horses") .....	0	1	2	3

**CATEGORY VI**

129. Aware of heavy and/or irregular breathing .....	0	1	2	3
130. Discomfort in high altitudes .....	0	1	2	3
131. "Air hunger"/ sigh frequently .....	0	1	2	3
132. Swollen ankles/worse at night .....	0	1	2	3
133. Shortness of breath with exertion .....	0	1	2	3
134. Dull pain in chest and/or pain radiating into left arm, worse on exertion .....	0	1	2	3

**CATEGORY VII**

**Female Only**

135. Premenstrual tension .....	0	1	2	3
136. Painful menses (cramping, etc.) .....	0	1	2	3
137. Menstruation excessive or prolonged .....	0	1	2	3
138. Painful/tender breasts .....	0	1	2	3
139. Menstruate too frequently .....	0	1	2	3
140. Acne, worse at menses .....	0	1	2	3
141. Depressed feelings before menstruation .....	0	1	2	3
142. Vaginal discharge .....	0	1	2	3
143. Menses scanty or missed .....	0	1	2	3
144. Hysterectomy/ovaries removed .....	Yes	No		
145. Menopausal hot flashes .....	0	1	2	3
146. Depression .....	0	1	2	3

**CATEGORY VIII**

**Male Only**

147. Prostate trouble .....	0	1	2	3
148. Urination difficult or dribbling .....	0	1	2	3
149. Night urination frequent .....	0	1	2	3
150. Pain on inside of legs or heels .....	0	1	2	3
151. Feeling of incomplete bowel evacuation .....	0	1	2	3
152. Leg nervousness at night .....	0	1	2	3
153. Tire easily/avoid activity .....	0	1	2	3
154. Reduced sex drive .....	0	1	2	3
155. Depression .....	0	1	2	3
156. Migrating aches and pains .....	0	1	2	3